

ENJOY OUR FIVE BEST RIDES

We've selected our top five rides all leaving from **The Watersports Academy**

3.1 MILES **BOURNEMOUTH PIER** ★★★

This flat cycle follows the promenade and beach all the way. You'll pass beach chimes and cafés, perhaps stop for an ice cream?

Extend your ride? Follow the same route to Hengistbury Head for glorious views of the Isle of Wight.

Average time needed: 30 minutes x 2

Degree or difficulty: Paved cycle trail & no hills

Promenade is closed for cyclists: 1st July - 31st August

3.7 MILES **POOLE QUAY** ★★★

An easy ride where you'll discover Poole Pottery, Poole Museum, quaint fishermen buildings, shops, eateries and an exclusive marina full of glamorous boats (including our luxury catamaran). You'll pass through Poole Park, with a cycle trail, harbour views and children's playground.

Average time needed: 35 minutes x 2

Difficulty: Road, paved cycle trail & one hill



CORFE CASTLE

LEVEL OF DIFFICULTY:



EASY → HARD

Please note the map is not drawn to scale.



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6 MILES **OLD HARRY ROCKS** ★★★

Cycle over Sandbanks Ferry, then pedal along country roads through marshlands filled with wildlife (Sika deer). Ride 3 miles until you reach Studland Village, turn left at the Post Office / shop, stay on this country road. At the bottom of the hill, turn right at the Old Harry Rocks track (just before South Beach / Joe's Café path) – magical views.

Extra time? Visit Joe's Café at South Beach.

Average time needed: 60 minutes x 2

Degree or difficulty: One off-road section, hilly & windy in parts

8 MILES **SWANAGE** ★★★

This long-distance route includes a short ferry journey plus stunning coastal views, Studland Village and beautiful landscapes. At Swanage, you'll discover a bustling seaside town and beach. An original small fishing port which continues to have that warm, old-fashioned feel.

Average time needed: 80 minutes x 2.

Difficulty: Winding country roads & steep hills in parts.

9.6 MILES **CORFE CASTLE** ★★★

Ride, from the Sandbanks Ferry and stay on the same road for 8 miles until you reach a T-junction and look up – you've arrived! Turn left to the magical village, or tour the castle.

Looking for more? 300m before the Isle of Purbeck Golf Club, there's a National Trust track to Agglestone Rock.

Legend has it that the Devil threw the rock from The Needles to destroy Corfe Castle.

Average time needed: 90 minutes x 2.

Difficulty: Winding country roads & steep hills in parts.